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# Guideline for Subject FCPS-1 Psychiatry

- ✓ Join Fcps-1 online preparation classes (Live Classes) and clear exam in 1<sup>st</sup> attempt
- ✓ Live interactive sessions with complete theory and past papers discussion
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**Download Syllabus:** <https://fcpsworld.com/fcps-syllabus/>

## FOR PAPER A

1. BRS Physiology
2. Neuroanatomy Kaplan
3. Snells review Anatomy (Only head and neck portion)
4. First Aid (Only Neurology and Psychiatry section)
5. Pharmacology Katzung review
6. Rabia Ali MCQs
7. Asim Shoaib (Only pharma portion)

*Follow class schedule*

## FOR PAPER B

1. Neuro is extremely important
2. neuro+psych should be super strong.
3. neuro and psychistry from First Aid/Fast aid, BRS, Kaplan (neuroanatomy and behavioral science).
4. Also,katzung review for neuropharma or Neuro section from kaplan pharmacology to strengthen your neuro and psychopharmacology.
5. high yield topics from Kaplan behavioral sciences book like sleep, mood disorders, substance abuse. Psychopharmacology and sleep chapter
6. Head and neck from Snells review.
7. HEAD AND NECK's anatomy should be on your fingertips.
8. If you dont want to do anatomy of other sections in depth or from snell review (do their MCQ)

## PAST PAPER BOOK

1. GOLDSTANDARD FCPS (cram this completely, do atleast 10 pages. It is not available in market so order at 03129684658
2. Rafiullah or SK pearls for practice
3. Rabia Ali for practice

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4. Read Statement of mcq, this tells what kind of mcqs come in exam, then read topic, then practice mcqs.
5. Chances of passing part 1 are directly proportional to how many questions and past papers you are doing. So try to do at least 600-700 mcqs per day in the last month along with Goldstandard FCPS

## FCPS-1 ONLINE COURSE

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FcpsWorld Facebook Group: <https://www.facebook.com/groups/368409263806653/>

Help Others & Get helped! Join our Whatsapp groups

*Join our telegram (playstore app) group for Fcps preparation (all questions will be answered here):*

*Link: <https://t.me/joinchat/O3CE908hoFz1qM9no9Gndw>*

Fcps Anesthesia <https://chat.whatsapp.com/GLGfqpdQkCOAtMEGvXSoJe>

Jcat MD/MS: <https://chat.whatsapp.com/C1nJ5LWhqfu6odqN2KJFYu>

Fcps Pathology: <https://chat.whatsapp.com/FpKUhYPA70gG2LJ4S7rZje>

Fcps gynae: <https://chat.whatsapp.com/Dhq6aYOqkg0Cq0Zmd3TjRX>

Fcps Surgery: <https://chat.whatsapp.com/HVD0Lkm9UockZOG6iapxJX>

Fcps medicine: <https://chat.whatsapp.com/HepCEP5LLxy9dApKph1RVf>

Fcps psychiatry: <https://chat.whatsapp.com/Dl0GUB1nFcv7pdYPjoaS6E>

Fcps radiology: <https://chat.whatsapp.com/G8p196qrHI9K7yIRO5Ydk7>

Fcps ophthalmology: <https://chat.whatsapp.com/IHdAoIN1MctIdQ9NRTIE9A>

**For other spec. or if groups are full whatsapp on**

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